

PRESENTATION

Editorial: All roads lead to Rome **Daniel Moya, MD**

The popular proverbial saying that all roads lead to Rome has a basis in reality. In 20 BC, Emperor Augustus built in the Roman forum a bronze monument covered in gold called “Milliarium Aureum”, which marked kilometer zero of the Roman roads. The reference point was considered the origin of some 400 roads that extended for approximately 80,000 kilometers, integrating the extent of the Roman Empire.

The first mention of this phrase is in the Middle Ages, in a text from 1175 that literally reads “Mille viae ducunt hominem per saecula Romam,” which translates to “A thousand roads lead a man to Rome forever.” This road network had administrative, military, and commercial implications, but it also allowed a flow of people from different backgrounds that made the “Eternal City” the capital of the world for many centuries.

Unlike other great imperial capitals, Rome has managed to withstand the ups and downs of history and remain one of the international points of reference from a cultural, political and economic point of view.

Therefore, it is no coincidence that Rome has been chosen as the venue for the next meeting of the International Federation of Shockwave Therapy.

On May 29 and 30, 2026, with the organization of the International Federation of Shock Wave Therapy, the Società Italiana di Terapia con Onde D’Urto and the Accademia di Medicina e Chirurgia Bioregenerativa, an international meeting on shockwave therapy and regenerative medicine will be held at the Ospedale Santo Spirito Monumental Complex. Located steps from the Vatican, the convention center stands in the oldest hospital in Europe, founded in Rome in the 8th century for Saxon pilgrims and rebuilt by Pope Innocent III in the 13th century.

The congress will have a very high academic level with the participation of world leaders from all corners of the planet.

Considering the scientific, tourist and cultural attractions of the proposal, it is clear that by 2026 all roads of shock waves and regenerative medicine lead to Rome.

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